

## NEWS

# Helping Neighbors

**T**he 13<sup>th</sup> Annual Works Sunday will take place this week, with people of a variety of religious backgrounds coming together to help less fortunate residents. This year's event offers volunteer opportunities in 18 projects, which include health services, food donations and home maintenance among others.

"The purpose really is neighbors helping neighbors," said Barb Gouldey, a Reston resident who is co-chairing two service projects, a Health Fair in partnership with the Jeanie Schmidt Free Clinic at Herndon's First Baptist Church on Sunday, Aug. 17, and preparing a hot breakfast at Embry Rucker Community Shelter on Saturday, Aug. 16.

"It is finding opportunities to help neighbors and acting on it," said Gouldey, a member of the Herndon-based Holy Cross Lutheran church. She said that Christian, Jewish, Muslim and other religious communities participate in this event, but that it is not limited to people who belong to congregations. "We are encouraging all people to get involved," said Gouldey.

Gouldey said area residents could help Works Sun-



PHOTO CONTRIBUTED

**Some local residents, including state Del. Ken Plum (D-36), install a walkway at one of the Gabriel Homes in Herndon during the 2006 Works Sunday.**

day achieve its goals through participation.

"If [community residents] notice people doing things that are of service, they should participate," said Gouldey. To participate or to learn about specific projects, she suggested that those who wish to participate in a project contact a project co-chair. For more information on the projects, the co-chairs' numbers or to get involved, visit the event's web site at <http://workssunday.org>.

— MIRZA KURSPAHC

### Works Sunday Projects and Beneficiaries

- ❖ Herndon Neighborhood Resource Center – new backpacks, school supplies and underwear for elementary school children collection
- ❖ Fairfax County Abused Women's Shelter – gift cards collection
- ❖ Herndon Harbor House Lunch – bring food
- ❖ Hunters Woods Fellowship House – Lunch, Interfaith Meditation and Sing-along
- ❖ Lake Anne Fellowship House – Protestant Worship Service, Lunch
- ❖ Filling Backpacks for Needy Children – Friday, Aug. 15, 1 – 5 p.m. at different locations
- ❖ Embry Rucker Community Shelter – Hot Breakfast on Saturday, Aug. 16, and Bag Lunches, bring supplies and participate in Game Night on Sunday, Aug. 17
- ❖ Food Drive for Reston Interfaith – local stores
- ❖ Health Fair for All Ages – need medical professionals and other volunteers for health checks and instructions
- ❖ Gabriel Homes Maintenance – residences for adults with intellectual disabilities
- ❖ Nursing Home Concerts – Sunday, Aug. 17, at Tall Oaks and Sunday, Aug. 24, at Sunrise Assisted Living
- ❖ Jeanie Schmidt Free Clinic – Supper for volunteers on Thursday, August 14
- ❖ Laurel Learning Center – New underwear and socks and used clothing for children

All projects take place on Sunday, Aug. 17, unless otherwise noted. For more information, including information about specific projects and their chairs, visit <http://workssunday.org>.

### Participating Faith Communities

All Dulles Area Muslim Society  
Christ the Servant Lutheran  
Community of All People United Church of Christ  
First Baptist, Herndon  
Floriss United Methodist  
Heritage Fellowship Church  
Herndon Friends Meeting  
Holy Cross Lutheran  
Martin Luther King, Jr. Christian  
Northern Virginia Hebrew Congregation  
Resurrection Baptist  
St. Anne's Episcopal  
St. John Neumann Catholic  
St. Thomas à Becket Catholic  
St. Thomas Episcopal  
Shoreshim  
Trinity Presbyterian  
Unitarian Universalist Church of Reston  
United Christian Parish  
Washington Plaza Baptist